

Holy Communion 17th March

The Lord be with you
And also with you

Opening Hymn: 365 Praise To The Lord, The Almighty

**1 Praise to the Lord, the Almighty, the King of creation!
O my soul, praise Him, for He is thy health and salvation!
All ye who hear,
Now to His temple draw near;
Joining in glad adoration!**

**2 Praise to the Lord, who o'er all things so wondrously reigneth,
Shieldeth thee gently from harm or when fainting sustaineth;
Hast thou not seen
How thy heart's wishes have been
Granted in what He ordaineth?**

**3 Praise to the Lord, who doth prosper thy work and defend thee,
Surely his goodness and mercy shall daily attend thee;
Ponder anew
What the Almighty can do,
Who with His love doth befriend thee.**

**4 Praise to the Lord! O let all that is in me adore Him!
All that hath life and breath, come now with praises before Him!
Let the Amen
Sound from His people again;
Gladly for aye we adore Him.**

The Collect for Purity (page 201)

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden;
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that
we may perfectly love you, and worthily magnify your holy name; through
Christ our Lord. Amen.**

Hear what our Lord Jesus Christ says: You shall love the Lord your God with all
your heart and with all your soul and with all your mind.

This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself.

On these two commandments depend all the law and the prophets.

Matthew 22: 37-39

Lord, have mercy on us, and write these your laws in our hearts.

Confession

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life.

Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Collect of the Day

Almighty God, in your providence you chose your servant Patrick to be the apostle of the Irish people, to bring those who were wandering in darkness and error to the true light and knowledge of your Word: Grant that walking in that light we may come at last to the light of everlasting life; through Jesus Christ our Lord. **Amen**

Daily Lenten Collect

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: Create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen**

First Reading- Deuteronomy 32: 1-9

Give ear, O heavens, and I will speak; let the earth hear the words of my mouth. May my teaching drop like the rain, my speech condense like the dew; like gentle rain on grass, like showers on new growth. For I will proclaim the name of the LORD; ascribe greatness to our God!

The Rock, his work is perfect, and all his ways are just. A faithful God, without deceit, just and upright is he; yet his degenerate children have dealt falsely with him, a perverse and crooked generation. Do you thus repay the LORD, O foolish and senseless people? Is not he your father, who created you, who made you and established you? Remember the days of old, consider the years long past; ask your father, and he will inform you; your elders, and they will tell you. When the Most High apportioned the nations, when he divided humankind, he fixed the boundaries of the peoples according to the number of the gods; the LORD's own portion was his people, Jacob his allotted share.

This is the Word of the Lord
Thanks be to God

Psalm 145:1-13

- 1 I will exalt you, O God my King, ♦
and bless your name for ever and ever.
- 2 Every day will I bless you ♦
and praise your name for ever and ever.
- 3 Great is the Lord and highly to be praised; ♦
his greatness is beyond all searching out.
- 4 One generation shall praise your works to another ♦
and declare your mighty acts.
- 5 They shall speak of the majesty of your glory, ♦
and I will tell of all your wonderful deeds.
- 6 They shall speak of the might of your marvellous acts, ♦
and I will also tell of your greatness.
- 7 They shall pour forth the story of your abundant kindness ♦
and joyfully sing of your righteousness.
- 8 The Lord is gracious and merciful, ♦
long-suffering and of great goodness.
- 9 The Lord is loving to everyone ♦
and his mercy is over all his creatures.

- 10 All your works praise you, O Lord, ♦
and your faithful servants bless you.
- 11 They tell of the glory of your kingdom ♦
and speak of your mighty power,
- 12 To make known to all peoples your mighty acts ♦
and the glorious splendour of your kingdom.
- 13 Your kingdom is an everlasting kingdom; ♦
your dominion endures throughout all ages.

Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and shall be forever. Amen

Second Reading- 2 Corinthians 4: 1-12

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God. And even if our gospel is veiled, it is veiled to those who are perishing. In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

This is the Word of the Lord
Thanks be to God

Hymn: 611 Christ Be Beside Me

**1 Christ be beside me, Christ be before me,
Christ be behind me, King of my heart.
Christ be within me, Christ be below me,
Christ be above me, never to part.**

**2 Christ on my right hand, Christ on my left hand,
Christ all around me, shield in the strife.
Christ in my sleeping, Christ in my sitting,
Christ in my rising, Light of my life.**

**3 Christ be in all hearts thinking about me,
Christ be on all tongues telling of me.
Christ be the vision in eyes that see me,
In ears that hear me, Christ ever be.**

Holy Gospel: John 4: 31-38

Hear the Gospel of our Lord Jesus Christ According to John:
Glory to you, Lord Jesus Christ

Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

This is the Gospel of the Lord
Praise to you, Lord Jesus Christ

Sermon

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures, he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Prayers for the Church, the World, and the Community, ending with a few moments in silence to lift up our own prayers to God...

Merciful Father: accept these our prayers for the sake of your Son, our Saviour, Jesus Christ. Amen

The Peace

Being justified by faith, we have peace with God through our Lord Jesus Christ.
The peace of the Lord be always with you
and also with you.

Offertory Hymn: 422 In The Quiet Consecration

**1 In the quiet consecration
of this glad communion hour,
here we rest in you, Lord Jesus,
taste your love and touch your power.**

**2 Here we learn through sacred symbol
all your grace can be and do,
by this wonderful indwelling —
you in us, and we in you.**

**3 Christ the living bread from heaven,
Christ whose blood is drink indeed,
here by faith and with thanksgiving
in our hearts on you we feed.**

**4 By your death for sin atoning,
by your resurrection-life,
hold us fast in joyful union,
strengthen us to face the strife.**

**5 While afar in solemn radiance
shines the feast that is to come —
after conflict, heaven's glory,
your great feast of love and home.**

Celebrating at the Lord's Table

Be present, be present, Lord Jesus Christ our risen high priest; make yourself known in the breaking of bread. **Amen.**

The Taking of the Bread and Wine about this of
Christ our Passover has been sacrificed for us
therefore let us celebrate the feast.

The Great Thanksgiving Prayer 1

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, almighty and everliving God, at all times and in all places it is right to give you thanks and praise: *Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to overcome all our temptations:*

And so with all your people,
with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is he who comes in the name of the Lord.
Hosanna in the highest!**

Blessed are you, Father,
the creator and sustainer of all things;
you made us in your own image,
male and female you created us;
even when we turned away from you,
you never ceased to care for us,
but in your love and mercy you freed us from the slavery of sin,
giving your only begotten Son to become man
and suffer death on the cross to redeem us:

he made there the one complete and all-sufficient sacrifice
for the sins of the whole world:
he instituted,
and in his holy Gospel commanded us to continue,
a perpetual memory of his precious death
until he comes again.

On the night that he was betrayed he took bread;
and when he had given thanks to you, he broke it,
and gave it to his disciples, saying, Take, eat,
this is my body which is given for you.
Do this in remembrance of me.

In the same way, after supper he took the cup;
and when he had given thanks to you, he gave it to them, saying,
Drink this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, Father, with this bread and this cup
we do as Christ your Son commanded:
we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.

Accept through him, our great high priest,
this our sacrifice of praise and thanksgiving;
and as we eat and drink these holy gifts,
grant by the power of the life-giving Spirit
that we may be made one in your holy Church
and partakers of the body and blood of your Son,
that he may dwell in us and we in him:

Through the same Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, Almighty Father,
for ever and ever. Amen.

The Lord's Prayer

As our Saviour Christ has taught us, we are bold to say:

Our Father, who art in heaven: hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven. Give us this
day our daily bread. And forgive us our trespasses as we forgive those who
trespass against us. And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory for ever and ever. Amen.

The Breaking of the Bread

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

The Administration of Holy Communion

Followed by The Great Silence

Post Communion Prayers

Hear us, most merciful God, for that part of the Church which through your servant Patrick you planted in our land; that it may hold fast the faith entrusted to the saints and in the end bear much fruit to eternal life: through Jesus Christ our Lord. **Amen**

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Blessing

Christ give you grace to grow in holiness, to deny yourselves, and to take up your cross and follow him: and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be with you, and remain with you always. **Amen.**

Closing Hymn: 643 Be Thou My Vision

**1 Be thou my vision O Lord of my heart
Naught be all else to me save that thou art
Thou my best thought in the day and the night
Waking or sleeping thy presence my light**

**2 Be thou my wisdom be thou my true word
I ever with thee and thou with me Lord
Thou my great Father and I thy true heir
Thou in me dwelling and I in thy care**

**3 Be Thou my breastplate, my sword for the fight
Be Thou my armour and be thou my might
Thou my soul's shelter, and Thou my high tower
Raise Thou me heavenward, O Power of my power!**

**4 Riches I heed not nor vain empty praise
Thou mine inheritance through all my days
Thou and thou only the first in my heart
High King of Heaven my treasure thou art**

**5 High King Of Heaven when the battle is done
Grant heaven's joy to me O bright Heaven's sun
Christ of my own heart whatever befall
Still be my vision O Ruler of all**

Go in peace to love and serve the Lord
In the name of Christ. Amen