

Holy Communion 21st July 2024

The Lord be with you
And also with you.

Opening Hymn: 584 Jesus Calls Us O'er The Tumult

1. Jesus calls us o'er the tumult
of our life's wild, restless sea;
day by day his sweet voice sounding,
saying, "Christian, follow me!"

2. As of old the apostles heard it
by the Galilean lake,
turned from home and toil and kindred,
leaving all for his dear sake.

3. Jesus calls us from the worship
of the vain world's golden store,
from each idol that would keep us,
saying, "Christian, love me more!"

4. In our joys and in our sorrows,
days of toil and hours of ease,
still he calls, in cares and pleasures,
"Christian, love me more than these!"

5. Jesus calls us! By your mercies,
Saviour, may we hear your call,
give to you our heart's obedience,
serve and love you best of all.

The Collect for Purity (page 201)

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden;
Cleanse the thoughts of our hearts by the inspiration of your Holy
Spirit, that we may perfectly love you, and worthily magnify your
holy name; through Christ our Lord. Amen.**

Hear what our Lord Jesus Christ says: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself.

On these two commandments depend all the law and the prophets.

Matthew 22: 37-39

Lord, have mercy on us, and write these your laws in our hearts.

Confession

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father, receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Blessed are you, O Lord, and blessed are those who observe and keep your law: Help us to seek you with our whole heart, to delight in your commandments and to walk in the glorious liberty given us by your Son, Jesus Christ. **Amen**

First Reading- Jeremiah 23: 1-6

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore, thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD. The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The LORD is our righteousness.'

This is the Word of the Lord

Thanks be to God

Psalm 23

- 1 The Lord is my shepherd; ♦
therefore can I lack nothing.
- 2 He makes me lie down in green pastures ♦
and leads me beside still waters.
- 3 He shall refresh my soul ♦
and guide me in the paths of righteousness for his name's sake.
- 4 Though I walk through the valley of the shadow of death, I will
fear no evil; ♦
for you are with me; your rod and your staff, they comfort me.

5 You spread a table before me in the presence of those who trouble me; ♦

you have anointed my head with oil and my cup shall be full.

6 Surely goodness and loving mercy shall follow me all the days of my life, ♦

and I will dwell in the house of the Lord for ever.

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and shall be forever. Amen

Second Reading- Ephesians 2: 11-22

So then, remember that at one time you Gentiles by birth, called ‘the uncircumcision’ by those who are called ‘the circumcision’—a physical circumcision made in the flesh by human hands—remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually* into a dwelling-place for God.

This is the Word of the Lord

Thanks be to God

Hymn: 20 The King Of Love My Shepherd Is

1 The King of love my Shepherd is,
Whose goodness faileth never;
I nothing lack if I am his
And he is mine for ever.

2 Where streams of living water flow
My ransomed soul he leadeth,
And where the verdant pastures grow
With food celestial feedeth.

3 Perverse and foolish oft I strayed,
But yet in love he sought me,
And on his shoulder gently laid,
And home, rejoicing, brought me.

4 In death's dark vale I fear no ill
With thee, dear Lord, beside me;
Thy rod and staff my comfort still,
Thy cross before to guide me.

5 Thou spread'st a table in my sight;
Thy unction grace bestoweth:
And O what transport of delight
From thy pure chalice floweth!

6 And so through all the length of days
Thy goodness faileth never;
Good Shepherd, may I sing thy praise
Within thy house for ever.

Holy Gospel: Mark 6: 30-34, 53-56

Hear the Gospel of our Lord Jesus Christ According to Mark:
Glory to you, Lord Jesus Christ

The apostles gathered around Jesus, and told him all that they had done and taught.

He said to them, ‘Come away to a deserted place all by yourselves and rest a while.’ For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord
Praise to you, Lord Jesus Christ

Sermon

Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures, he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Prayers for the Church, the World, and the Community, ending with a few moments in silence to lift up our own prayers to God...

Merciful Father: accept these our prayers for the sake of your Son, our Saviour, Jesus Christ. Amen

The Peace

Christ is our peace. He has reconciled us to God in one body by the cross: we meet in his name and share his peace.

The peace of the Lord be always with you:
and also with you.

Hymn of the Communion: 576 I Heard The Voice Of Jesus Say

1 I heard the voice of Jesus say,
“Come unto Me and rest;
Lay down, O weary one, lay down
your head upon my breast.”
I came to Jesus as I was,
so weary, worn, and sad;
I found in Him a resting place,
and He has made me glad.

2 I heard the voice of Jesus say,
“Behold I freely give
The living water; thirsty one,
stoop down and drink, and live.”
I came to Jesus, and I drank
from that life-giving stream;
My thirst was quenched, my soul revived,
and now I live in Him.

3 I heard the voice of Jesus say,
“I am this dark world's Light;”
Look unto Me, your morn shall rise,
and all your day be bright.”
I looked to Jesus, and I found
in Him my Star, my Sun;
and in that Light of life I'll walk
till travelling days are done.

Celebrating at the Lord's Table

Be present, be present, Lord Jesus Christ our risen high priest; make yourself known in the breaking of bread. **Amen.**

The Taking of the Bread and Wine about this of
Christ our Passover has been sacrificed for us
therefore let us celebrate the feast.

The Great Thanksgiving Prayer 3

The Lord is here.
His Spirit is with us.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Father, Lord of all creation,
we praise you for your goodness and your love.
When we turned away you did not reject us.
You came to meet us in your Son,
welcomed us as your children
and prepared a table where we might feast with you.
In Christ you shared our life
that we might live in him and he in us.
**He opened wide his arms upon the cross
and, with love stronger than death,
he made the perfect sacrifice for sin.**

Lord Jesus Christ, our redeemer,
on the night before you died
you came to table with your friends.
Taking bread, you gave thanks, broke it
and gave it to them saying,
Take, eat: this is my body which is given for you;
do this in remembrance of me.

**Lord Jesus, we bless you:
you are the bread of life.**

At the end of supper
you took the cup of wine, gave thanks, and said,
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins;
do this in remembrance of me.

**Lord Jesus, we bless you:
you are the true vine.**

Praise to you, Lord Jesus Christ:
**dying, you destroyed our death,
rising, you restored our life;
Lord Jesus, come in glory.**

Holy Spirit, giver of life,
come upon us now;
may this bread and wine be to us
the body and blood of our Saviour Jesus Christ.
**As we eat and drink these holy gifts
make us, who know our need of grace,
one in Christ, our risen Lord.**

Father, Son, and Holy Spirit, Blessed Trinity:
with your whole Church throughout the world
we offer you this sacrifice of thanks and praise
and lift our voice to join the song of heaven,
for ever praising you and saying:

**Holy, Holy, Holy Lord,
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.**

Thanks be to you, our God, for your gift beyond words.
Amen. Amen. Amen.

The Lord's Prayer

As our Saviour Christ has taught us, we are bold to say:

**Our Father, who art in heaven: hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven. Give
us this day our daily bread. And forgive us our trespasses as we
forgive those who trespass against us. And lead us not into
temptation, but deliver us from evil. For thine is the kingdom, the
power, and the glory for ever and ever. Amen.**

The Breaking of the Bread

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

The Administration of Holy Communion

Followed by The Great Silence

Post Communion Prayers

Strengthen for service, Lord, the hands that holy things have taken;
may the ears which have heard your word be deaf to clamour and
dispute; may the tongues which have sung your praise be free from
deceit; may the eyes which have seen the tokens of your love
shine with the light of hope; and may the bodies which have been fed
with your body be refreshed with the fulness of your life; glory to you
for ever. **Amen**

**Almighty God, we thank you for feeding us with the spiritual food
of the body and blood of your Son Jesus Christ. Through him we
offer you our souls and bodies to be a living sacrifice.**

**Send us out in the power of your Spirit to live and work to your
praise and glory. Amen.**

The Blessing

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and the love of God, and of his Son, Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be with you, and remain with you always.
Amen.

Closing Hymn: 659 Onward Christian Soldiers

1 Onward, Christian soldiers,
marching as to war,
With the cross of Jesus
going on before!
Christ, the royal Master,
leads against the foe;
Forward into battle,
see his banner go!

*Onward, Christian soldiers,
marching as to war,
With the cross of Jesus
going on before!*

2 At the name of Jesus
Satan's host doth flee;
On, then, Christian soldiers,
on to victory!
Hell's foundations quiver
at the shout of praise;
lift your hearts and voices,
loud your anthems raise:

3 Crowns and thrones may perish,
kingdoms rise and wane,
but the Church of Jesus
constant will remain;
gates of hell can never
'gainst that Church prevail;
we have Christ's own promise,
and that cannot fail:

4 Onward, then, ye people,
join our happy throng,
Blend with ours your voices
in the triumph song;
Glory, laud, and honour,
unto Christ the King;
This through countless ages
we with angels sing.

Go in the peace to love and serve the Lord
In the name of Christ. Amen